

PRESSURE INJURY PREVENTION

PRESSURE INJURY CARE REVIEW

Pressure injury

Sometimes when people don't move for a long time, the pressure from lying or sitting in the same position can cause damage. We call this a 'pressure injury'. You may also hear it called a 'bed sore' or 'pressure ulcer'.

Pressure injuries can happen quickly, be painful and very difficult to heal, and may lead to other complications.

Participating in a pressure injury care review

To help improve the prevention of pressure injuries in our hospital, we are conducting a review on the care we provide. These are conducted regularly throughout health care systems.

As a patient, you will be invited to be included in this review and checked for pressure injury. This will be in the ward.



Clinical nurse consultant checking the heel of a patient for signs of a pressure injury

Included in the review

As part of the review, we will:

- check whether you would like to participate
- provide you with the opportunity to ask any questions regarding the review
- talk about what we are looking for and what we see
- check your skin to see if you have a pressure injury
- check the equipment in use
- check documentation of your care
- tell the team looking after you if we find any pressure injuries
- seek specialist advice, if needed
- provide you with the opportunity to ask any additional questions.

How the information will be used

It will be used by health professionals to provide better care for patients in our health system. All information gathered will be de-identified when used in reports.

Thank you for reading this information sheet. If you have any questions, please speak to the Nurse Unit Manager.

About the Pressure Injury Prevention Project

The Pressure Injury Prevention Project is run by the Clinical Excellence Commission. It promotes best practice for the prevention and management of pressure injuries in NSW health care facilities.

For further information, please visit

<http://www.cec.health.nsw.gov.au/programs/pressure-injury-prevention-project>

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