

Frequently Asked Questions

What if I do not want to be involved?

- > **You can choose not to be part of** bedside rounds. To do this, please let your midwife know
- > If you choose not to be part of bedside rounds, your **health care team** will discuss your care in a private meeting room. This is to ensure all important information is passed on to all members of the team. They will also visit you individually to have a more detailed discussion about your care

What if we run out of time at the bedside round?

- > There may be times when more detailed discussions about your care need to happen. You and your health care team will **decide this together** during the bedside round and a member of the team will return later

What if I have more questions for my team after the round?

- > **We encourage you to write down your questions** — your health care team will be happy to answer questions throughout the day or at the next bedside round

The bedside round on my ward happens at:

_____am/pm

For any further questions, speak to the Midwifery Unit Manager of your ward or your Doctor

For further information

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Clinical Excellence Commission

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You and Your Health Care Team at your bedside

A guide for Patients and Family



Bedside rounds

A bedside round is when one or more members of your health care team visit you to plan your care. This happens in a variety of ways in different wards and hospitals.

The health care team includes you, your doctors, midwives and allied health staff who have a role in your care.

We have learned from experience that by doing a bedside round that includes the patient and all members of the health care team, we will improve your care.

The new structure of bedside rounds

- > The bedside round will happen regularly at the **same time** and will be a structured discussion for you to talk with your health care team
- > The discussion will be **brief** (around 5 minutes) and will include all members of your health care team at your bedside
- > You may be visited after the bedside round to have a more **detailed discussion** about your care

- > **Your family and carers** are encouraged to be part of this bedside round
- > The bedside round helps your health care team to better **understand** your needs and plan your care for the day
- > You, your family and/or your carer will have an opportunity to make decisions together with the health care team about your care and **ask any questions**

The benefits to me

Involvement — being part of the team

You and your family are encouraged to talk with the team and be involved in the decisions made about your care

Empowerment — having more say

You and your family will have the opportunity to discuss your care with your team and ask any questions

Confidence — talking the same language

You and your team will have the same understanding of your plan for the day

Certainty — knowing what to expect

Your team will visit you at a set time on regularly scheduled days

During the bedside round

