

CARERS: YOUR ROLE IS KEY



TALK TO STAFF about a patient/loved one's:

- > recent slips, trips or falls
- > changes in memory or thinking at home or in hospital
- > personal habits and history to help support and settle
- > changes in medicines
- > personal aids used (glasses, hearing aids, walking sticks)
- > need for assistance with the toilet, shower or self-care.



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