

Falls Prevention – Equipment installation & safe use

HAND HELD SHOWER

These instructions are to be used in conjunction with the information that your Health Professional has discussed with you.



- For clients using a bathseat or chair outside the bath/shower.
- They can have one or two arms depending on water outlets:
 - Single / mixed temperature
 - Double / separate hot cold outlets
- Shower hose is available in 1.5 and 2 metre lengths with plastic hose, some have stainless steel outer casing.
- If used outside bath or shower, the hand held shower can fit on basin or laundry taps.

TO INSTALL:

- Before fitting, undo the clamp at the tap end of hose cup to assess closeness of fit.
- Use insert inside cup to adjust for different size tap widths. If tap is smaller use insert to allow closer fit.
- Fit cup over tap nozzle as far as comfortable allowing full water flow, then tighten clamp around tap nozzle.
- When fitting hose, to minimise chance of back injury, step into bath when pushing cup onto tap and tightening clamp.

PRECAUTIONS AND SAFETY:

- A non-slip mat can be used on the bottom of the bath to prevent feet slipping when reaching for tap to adjust water temperature.
- Before getting out of the bath be sure the hose is placed up out of the way and not tangled with your feet.
- Be careful of water spray in bathroom for making the floor slippery and being a hazard for any electrical fittings.
- If the water system is gravity fed, be aware that the water temperature can be variable using a hand held shower.

MAINTENANCE & CLEANING:

- Do not unscrew the head as this will prevent a proper seal.
- The plastic will perish faster if the water temperature is above 50 degrees.
- To prevent scaling the plumber can re-adjust the hot water thermostat to 50 degrees.
- Should the equipment appear damaged or corroded –do not use. It may require replacement.

