

## PPE Donning Checklist Guide Before Entering Isolation Room High Consequence Disease-VHF (P2 mask/face shield/surgical hood option)

Name of healthcare worker (HW): \_\_\_\_\_

Name of Buddy: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

PREPARATION PPE DONNING		
Tick items for completion	STEPS	BUDDY CHECK (read out) or HW ACTION
<input type="checkbox"/>	STEP 1	BUDDY CHECK - Ensure ALL equipment is available, in working condition and in the correct size for the healthcare worker (HW): <ul style="list-style-type: none"> <li>Surgical scrubs</li> <li>Below knee disposable impervious boots</li> <li>Surgical hood with flange</li> <li>Inner gloves</li> <li>Impervious long sleeve gown to knees (minimum AAMI Level 3)</li> <li>P2/N95 mask</li> <li>Face shield</li> <li>Outer gloves with long cuff – ensure gloves are two different colours (sterile gloves may be used not necessarily due to the need for sterility but because they are associated with fit and dexterity)</li> <li>Stool/chair (cleanable)</li> <li>Alcohol based handrub (self dispensing or buddy to assist in dispensing recommended)</li> </ul>
<input type="checkbox"/>	STEP 2	Ensure that donning occurs in an appropriate area. Anteroom or equivalent dedicated area is recommended.
<input type="checkbox"/>	STEP 3	Confirm that the healthcare worker (HW) has been credentialed in donning and removal of PPE.
<input type="checkbox"/>	STEP 4	Confirm that the HW is wearing surgical scrubs and washable closed toe shoes.
<input type="checkbox"/>	STEP 5	Check and risk assess skin integrity of HW with particular attention to hands. Breaks in skin integrity based on risk assessment may exclude the HW from caring for this patient
<input type="checkbox"/>	STEP 6	Ask the HW if he/she needs a drink of water or to go to the bathroom.

<input type="checkbox"/>	STEP 7	<p>Check the following for the HW:</p> <ul style="list-style-type: none"> <li>▪ All jewellery has been removed – e.g. facial and ear piercings, necklaces, rings, watches, bracelets, religious items, etc.</li> <li>▪ Hair is off the face and collar and tied in a ponytail or bun if required</li> <li>▪ No jumpers, jackets or vests are on</li> <li>▪ No wallets, phones, pagers or pens are in pockets</li> <li>▪ No ID tag is hanging from scrubs</li> </ul>
	STEP 8	BUDDY should talk through the HW before the donning process begins.
	STEP 9	Record HW temperature in log book.
<b>DONNING PPE</b>		
<input type="checkbox"/>	STEP 1	<p>Check the HW has put on surgical scrubs, socks and clogs</p> <p>Ensure hair is off the face and collar and tied in a ponytail or bun</p> <p>Secure own spectacles with head strap</p>
<input type="checkbox"/>	STEP 2 Hand Hygiene	<p>HW to perform hand hygiene with soap and water or alcohol-based hand rub.</p> <p>Ensure hands are dry.</p>
<input type="checkbox"/>	STEP 3 Booties	<p>HW to sit down and put on disposable impervious knee high boots and tie any straps to prevent trip hazard (tying at the front facilitates easy removal).</p>
<input type="checkbox"/>		BUDDY CHECK - Boots are secure around ankles and knees and ties are tied.
<input type="checkbox"/>	STEP 4 Hood	<p>HW to put on surgical hood with flange. Do not tie it.</p>
<input type="checkbox"/>		BUDDY CHECK – ensure surgical hood covers head, neck and shoulders.
<input type="checkbox"/>	STEP 5 Gloves	HW to put on inner pair of gloves that are a different colour to outer gloves
<input type="checkbox"/>	STEP 6 Gown	<p>HW to put on impervious long sleeve gown and tie at the back.</p> <p>Ensure inner gloves are tucked underneath the cuffs of the gown</p>
<input type="checkbox"/>		BUDDY CHECK – check gown for any tears or holes and ensure inner gloves are tucked underneath the cuffs of the gown.
<input type="checkbox"/>	STEP 7 Mask	<p>HW to put on P2/N95 mask over hood.</p>
<input type="checkbox"/>		<p>BUDDY CHECK – Perform fit check for HW as they are unable to check seal with gloves on. Instruct HW to deep breath then exhale.</p> <p>Feel any air escape and make any necessary changes to mask fit.</p>
<input type="checkbox"/>	STEP 8 Face shield	HW to put on face shield.

<input type="checkbox"/>	STEP 9 Gloves	HW to put on outer gloves with the longer cuff. Ensure gloves go over the cuffs of the gown.
<input type="checkbox"/>		BUDDY CHECK – Inspect all PPE for fit, movement and comfort Check that gloves are over the cuffs of the gown HCW performs movements to ensure PPE will not move Buddy writes name, occupation and time of donning on front of gown Buddy to write time of entry into room in log book
<input type="checkbox"/>	STEP 10	HW is ready to enter the room. Instruct the HW how to signal for assistance e.g. use the room telephone or intercome or CCTV

Buddy signature: \_\_\_\_\_