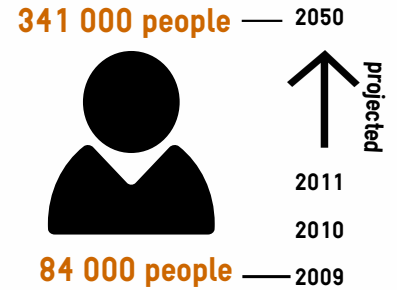


# The TOP 5 program uses up to 5 personal tips from carers to improve communication and promote personalised care



An estimated 1.2 million Australians are caring for someone with dementia

## People living with dementia in NSW



## TOP 5 STUDY OUTCOMES FOR HOSPITALISED PATIENTS WITH DEMENTIA

### Acceptability of TOP 5 program

1277

TOP 5s were initiated across 21 hospital sites in NSW

91%



97%



36.4%

reduction in falls by hospitalised patients with dementia after 6 months of using TOP 5



Strategies to Support Care and Communication  
 Please list five on top of this patient bed chart cover.

- 1.
- 2.
- 3.
- 4.
- 5.

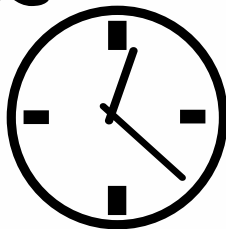
Carer Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Staff Member: \_\_\_\_\_ Date: \_\_\_\_\_

Decrease in the use of "intensive staffing"



21 minutes

Average time to complete a TOP 5 with a carer



68%

reduction in average cost of anti-psychotic medications per month at one hospital



A copy of the full report and findings can be found at

<http://www.cec.health.nsw.gov.au/programs/partnering-with-patients>

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CLINICAL EXCELLENCE COMMISSION