

Health Worker Name:		StaffLink Number:	
Facility/Department:			
Assessed in:	<input type="checkbox"/> Clinical Practice and/or <input type="checkbox"/> Simulation	Date deemed competent:	
Assessed by:		Designation:	
Education Pre-requisite Requirements			Date Completed
My Health Learning	<ol style="list-style-type: none"> 1. Infection Prevention and Control Practices – Clinical Staff (Course code:46777047) 2. Infection Prevention – Transmission Based Precautions (Course code:253093581) 3. PPE for Combined Transmission-Based Precautions (Course code: 294450660) 4. Hand Hygiene Online learning package Clinical (Course code:42063430) 5. Donning and fit checking of P2 or N95 respirators in NSW healthcare settings (Course code: 319438161) 		
COMBINED PRECAUTIONS COMPETENCY – BEFORE ENTERING PATIENT ZONE			
Indicator		Performance Criteria	Competent
PRE	Skin integrity check	Visually checks hands Covers cuts/abrasions with waterproof occlusive dressing if necessary	
	Removes items that interfere with effective hand hygiene	Removes items that do not comply with bare below the elbows (e.g. rings, watch, bracelet)	
			Not Yet Competent

1	Performs Hand Hygiene	Performs a 20-second hand wash using appropriate hand washing solution, either: antimicrobial; or non-antimicrobial liquid soap, OR Applies alcohol based, water free skin cleanser over clean dry hands, enough to cover both hands, and rubs until dry.		
2	Puts on gown/apron	Opens gown/apron ensuring it does not touch any surfaces such as floor or wall. Puts gown/apron on with opening to the back. Wraps gown/apron around back. Ensures all tapes/ties are secured safely at the back (tie securely at neck where applicable)		
3	Puts on appropriate mask	Puts on appropriate mask (surgical OR P2/N95) - Examines mask for defects - Ensure bands are in the correct position - top of head and nape of neck, mask with ear loops position over the ears by holding the loops - Moulds flexible band to bridge of nose - fits snug to face and below chin For P2/N95 respirator (mask): - Fits snug to face and below chin - Fit Check respirator - checks respirator seal as per manufacturer's instructions on how to fit check		
4	Puts on eye protection	Places safety glasses, face shield or goggles over face/eyes/prescription eyewear		

ENTERS PATIENT ZONE			Competent	Not Yet Competent
5	Performs Hand Hygiene	Performs a 20-second hand wash using appropriate hand washing solution, either: antimicrobial; or non-antimicrobial liquid soap, OR Applies alcohol based, water free skin cleanser over clean dry hands, enough to cover both hands, and rubs until dry.		
6	Puts on gloves	Puts on gloves immediately before touching the patient without contaminating the gloves by touching door handle, curtains etc. Gloves go on with ease. Glove size and fit is appropriate. Glove cover gown cuffs (where applicable).		
7	Checks PPE	PPE checked in mirror or by colleague where possible or needed		
COMBINED PRECAUTIONS COMPETENCY – ON LEAVING PATIENT ZONE			Competent	Not Yet Competent
1	Removes gloves	Grasps outside of glove with opposite gloved hand and peels off. Holds removed glove in gloved hand. Slides fingers of un-gloved hand under remaining glove at wrist. Peels glove off over first glove. Discards gloves in general waste (unless contaminated with blood or body substances). <i>When gloves and gown are removed as one - refer to step 3, option 2</i>		

2	Performs Hand Hygiene	Performs a 20-second hand wash using appropriate hand washing solution, either: antimicrobial; or non-antimicrobial liquid soap, OR Applies alcohol based, water free skin cleanser over clean dry hands, enough to cover both hands, and rubs until dry.		
3	Removes gown or apron	<p>Option 1 Unfastens ties. Pulls away from neck or shoulders, touching inside of gown or apron only. Folds or rolls slowly into a bundle and discard into general waste unless contaminated with blood or body substances.</p> <p>Option 2 Removes gloves and gown as one step by pulling gown away from chest with gloved hands, breaking tie in a controlled motion. Folds or rolls slowly inwards and downwards into a bundle and discards into general waste unless contaminated with blood or body substances.</p>		
4	Performs Hand Hygiene	Performs a 20-second hand wash using appropriate hand washing solution, either: antimicrobial; or non-antimicrobial liquid soap, OR Applies alcohol based, water free skin cleanser over clean dry hands, enough to cover both hands, and rubs until dry.		
5	Removes eye protection	Removes eye goggles or face shield by grasping band at back or side of the head, moving forward with downward motion, away from the face. Reusable eye protection is cleaned and disinfected, or single use items discarded into general waste.		

6	Performs Hand Hygiene	Performs a 20-second hand wash using appropriate hand washing solution, either: antimicrobial; or non-antimicrobial liquid soap, OR Applies alcohol based, water free skin cleanser over clean dry hands, enough to cover both hands, and rubs until dry.		
7	Removes mask	Removes by touching loops or ties only. (Undoing bottom tie before top tie) Respirator with bands, grasping the bands from the back of the head and base of neck, leaning forward removing the respirator away from face. Discards into general waste.		
8	Performs Hand Hygiene	Performs a 20-second hand wash using appropriate hand washing solution, either: antimicrobial; or non-antimicrobial liquid soap, OR Applies alcohol based, water free skin cleanser over clean dry hands, enough to cover both hands, and rubs until dry.		

Assessor Comments:			
Assessor Signature:		Date:	
Health Worker Signature:		Date:	