

# CARERS: *YOUR ROLE IS KEY*



## TALK TO STAFF about a patient/loved one's:

- > recent slips, trips or falls
- > changes in memory or thinking at home or in hospital
- > personal habits and history to help support and settle
- > changes in medicines
- > personal aids used (glasses, hearing aids, walking sticks)
- > need for assistance with the toilet, shower or self-care.