# RIVAROXABAN (XARELTO®)

# INFORMATION FOR PATIENTS, FAMILIES & CARERS

This Patient Information Leaflet should be read with the RIVAROXABAN (Xarelto®) Consumer Medicine Information. This is available at: http://bit.ly/2aydLjF

RIVAROXABAN helps to stop blood clots from forming.

You need to tell your doctor or pharmacist if you are taking any other medicines. This includes any vitamins or minerals, herbal supplements or medicines you bought without a prescription from a pharmacy, supermarket or health food store.

It is a good idea to carry an up-to-date list of all your medicines. Consider wearing a medical alert bracelet.

## Illness, medical and dental procedures

Tell the ambulance and hospital staff that you take RIVAROXABAN if you are in an accident, or become very ill. Tell any doctor or dentist that you are on RIVAROXABAN before any medical procedures (including operations in hospital, minor procedures at GP or dental clinics).

Do NOT stop taking your RIVAROXABAN unless told by your doctor.

#### Taking RIVAROXABAN

Swallow the tablet whole. The 15 mg and 20 mg tablet should be taken with food. The 10 mg tablet may be taken with or without food. Keep the tablets in the pack until it is time to take them or your pharmacist can put RIVAROXABAN in a dose administration aid, such as a Webster Pak®.

### How do I store RIVAROXABAN?

Tablets should be kept in a cool, dry place where the temperature stays below 30°C. Store all medicines out of reach of children.





RIVAROXABAN (Xarelto®) 10 mg tablet (front and back)





RIVAROXABAN (Xarelto®) 15 mg tablet (front and back)





RIVAROXABAN (Xarelto®) 20 mg tablet (front and back)

Not actual tablet size

Images courtesy of MIMS Australia

## What if I forget to take a tablet?

If you are taking a tablet ONCE A DAY:

- take it as soon as you remember on the same
- do not take extra tablets to make up for the forgotten tablet
- take the next tablet on the following day and carry on taking a tablet once a day as normal.

If you are taking a 15 mg tablet TWICE A DAY:

- take it as soon as you remember on the same
- you can take two 15 mg tablets at the same time to get a total dose of 30 mg in one day
- the following day onwards, you should take one tablet twice a day as normal.

If you miss more than one tablet, or if you are unsure of what to do, talk to your doctor or pharmacist immediately.







#### What tests will I need?

It is important to have your blood tested at least once a year to make sure you are on the right dose and not having any unwanted side effects.

#### Side effects of RIVAROXABAN

Bleeding is the main side effect of RIVAROXABAN. To lower the chance of bleeding, take your medicine exactly as your doctor explained.

Contact your doctor immediately, or go to your nearest hospital emergency department if you:

- have a nose bleed
- have red or dark urine
- start coughing up blood
- vomit, and it is dark or blood stained
- have red or black (tar like) bowel motions
- have excessive bleeding, or bleeding that lasts longer than usual
- have unexplained bruising, or bruising that gets bigger without a cause
- have a bad headache or dizziness

If the bleeding is severe, go straight to your nearest Hospital Emergency Department Tell them you are taking RIVAROXABAN

Other side effects of RIVAROXABAN can include:

- heartburn, indigestion
- nausea, vomiting, diarrhoea, stomach ache
- dizziness, breathlessness
- fever
- yellowing of skin and/or eyes (jaundice).

Tell your doctor if you have any of these symptoms or any other symptoms listed in the Consumer Medicine Information that worries you.

## What should I do if I fall or hurt myself?

You might bleed more than usual while you are taking RIVAROXABAN. Tell your doctor if you have a fall, or hurt your head or body, even if there are no signs of injury.

### What if I am pregnant or breastfeeding?

RIVAROXABAN is NOT recommended during pregnancy or whilst breastfeeding. If you plan to become pregnant or think you are pregnant, tell your doctor as soon as possible.

# RIVAROXABAN Instructions

<Place Patient Sticker Here>

Ask your doctor or pharmacist to complete the following important information about how to take RIVAROXABAN.

Dose:

When to take:

For how long:

Next appointment:

#### Useful contacts:

Health Direct Nurse Helpline: 1800 022 222 www.healthdirect.gov.au/ Available 24 hours

NPS Medicines Line: 1300 633 424. For information about your medicines you can phone Monday to Friday, 9 am to 5 pm. www.nps.org.au/contact-us/medicines-line

Poisons information Hotline – for immediate advice for overdoses or poisoning 24-hour telephone line: 13 11 26

Other:

This information sheet has been adapted from MIMS Australia Xarelto<sup>®</sup> Rivaroxaban Consumer Medicine Information (November, 2015)

RIVAROXABAN (Xarelto $^{\oplus}$ ) Information for patients, families & carers. Released August 2016.

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